# MY LIFE STORY

*A Legacy Journal by*

_____

# MY STORY

This journal is dedicated to

_____

# DEDICATION

*Our memories are a gift.  I want to share mine with you, with the hope that my experiences and values will provide you with some life lessons and inspiration.*

*I offer this gift – the story of my life – to you with great love and affection.*

# MY BEGINNING

My full name is _____

and I was born in (city, state, country, hospital name)

_____

to (parents' names) _____

Here is the story I was told about my birth

_____

_____

_____

_____

_____

_____

_____

_____

My earliest childhood memory, which has stayed with me all these years, is

_____

_____

_____

_____

When I was growing up, my nickname was _____

which I got because _____

_____

# MY FAMILY AND FRIENDS

We are the sum of our experiences and the people who came before us. These are the people who made me who I am.

My family and friends

Name _____ Relationship _____

Name _____ Relationship _____

Name _____ Relationship _____

Name _____ Relationship _____

Name _____ Relationship _____

Name _____ Relationship _____

Name _____ Relationship _____

They were the kind of people who _____

_____

and taught me the importance of _____

_____

These are the individuals who influenced my childhood _____

_____

The most interesting thing I remember about them is _____

_____

_____

_____

_____

_____

_____

The people I grew up with that I have fond memories of are _____

_____

_____

_____

What I remember most about them is _____

_____

_____

_____

_____

My best friend as a child was _____

We had so many good times together. We liked to _____

_____

_____

_____

_____

When I think back on my childhood, one special memory that comes to mind is

_____

_____

_____

_____

_____

Many of the lessons I learned as a child have stayed with me throughout my life, including

_____

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_____

# LIFE AND LOVE

Like most people, I've experienced love and loss. It's not always easy to talk about, but I've tried to describe some of the relationships that had the greatest impact on me.

My most significant relationship as an adult was with _____

This person is special to me because _____

_____

_____

_____

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_____

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_____

My greatest joy in life has come from _____

_____

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_____

I've been fortunate to make some good friends along the way. I especially think about (friend's name) _____

What I treasure most about this friend is _____

_____

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_____

_____

**Every life is a journey. I'd like to share some of the most interesting moments I've had along the way — as well as some of the more challenging ones. Good or bad, they have shaped my life and made me who I am.**

Looking back, I think what I like most about how I've spent my time is

_____

_____

_____

_____

_____

I've lived in these (cities, states and places) _____

_____

Among the places I've lived, my favorite was _____

That's because _____

_____

I've also traveled. Some of my most memorable trips were to _____

_____

_____

_____

_____

And I've seen some wonderful sights. If I had to choose the most amazing thing I've ever seen, it would be _____

_____

_____

_____

_____

I've also had some amazing experiences. One of my favorite life experiences was

It hasn't all been easy, of course. I've faced some losses and difficult times, as well. My biggest challenge was

which impacted my life by

When I look back at my life, what has been most fulfilling for me is

I have a lot of good memories that I cherish to this day. One of my favorites is

As I look ahead to the future, some of the things I'd like to accomplish are

# LIFE LESSONS

Every person has their own journey in life. Here are some things that I learned along the way.

The best advice I ever got came from _____

who told me _____

_____

It had a great impact on me because _____

_____

_____

Of course, our lives are also shaped by events. The event (historical or personal) that made the biggest impact on me was _____

_____

because _____

_____

_____

_____

_____

_____

_____

One quote, motto or saying that I have always found to be true is _____

_____

_____

_____

_____

_____

As I think back on all the charitable causes I and my family have supported over the years, the charitable gift I am most proud of is _____

_____

_____

_____

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_____

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_____

_____

This gift made me feel _____

_____

because _____

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_____

Taking everything I've told you into consideration, the most important life lesson I'd like to share is _____

_____

_____

_____

_____

_____

# MY VALUES

When I reflect on my life and my legacy, I think about the values I've lived by. It's important to me to pass them on to future generations.

In my own life, I have strived to honor my values of _____

_____

_____

_____

_____

_____

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_____

That is why my hope for the future is a world that embodies these values by

_____

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_____

Perhaps that's why the following causes and charities have become so significant in my life _____

_____

_____

_____

_____

_____

These are important to me because _____

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# CREATING MY LEGACY

A life is made up of experiences, knowledge, wisdom and values. I've shared those with you here, opening my heart because I care about you and want the best for you in your life.

We all learn from those who come before us. In that spirit, I hope my life will inspire and educate you as you continue on your own journey. Sharing *My Life Story* with you is the most heartfelt gift I can give.

Please accept it with all my love, signed

_____